

ACTIVITIES FOR THE SESSION 2025-26

ENHANCING RESEARCH SKILLS THROUGH DATA PRESENTATION

An academic activity on Data Presentation was conducted for the Third Year Honours students on August 11, 2025 to enhance their understanding of research techniques and effective ways of presenting data. The session began with a discussion on the concept of data and the importance of data in research. Students were introduced to different types of data and their relevance in economic studies and research work.

This was followed by an interactive discussion on research methodology, where students explored the basic steps involved in conducting research, including data collection, classification, and interpretation. The discussion helped students understand how systematic research methods contribute to meaningful analysis and conclusions.

Subsequently, students were familiarized with various methods of data presentation. The session highlighted different forms such as tabular presentation, diagrams, and graphical methods, which help in simplifying complex information and making it easier to interpret. Examples were used to illustrate how data can be effectively organized and presented for academic and research purposes.

The activity encouraged active participation and helped students develop a clearer understanding of how data can be analyzed and presented systematically. Overall, the session proved to be informative and beneficial in strengthening the students' analytical and research skills.



WORLD LITERACY DAY OUTREACH PROGRAMME

On the occasion of World Literacy Day, the Department of Economics, St. Bede's College, Shimla, organized a meaningful outreach programme at Government School, Sanjauli with the objective of emphasizing the importance of literacy and nurturing a love for learning among young students.

The primary aim of the initiative was to promote curiosity for reading and learning, encourage creativity and self-expression, and reinforce the role of education in shaping young minds and future opportunities.

The programme began with a warm and friendly interaction between the college students and the school children. This initial exchange helped create a comfortable and welcoming atmosphere, allowing the children to connect openly and confidently with their senior counterparts.

The session progressed with a series of interactive activities and games designed to be both enjoyable and educational. These activities focused on building confidence, teamwork, and communication skills. The lively and encouraging environment enabled the children to express themselves freely, showcase their talents, and actively participate without hesitation.

As part of the outreach effort, the Department of Economics distributed study materials including notebooks, pencils, erasers, and colouring items to the students. This gesture was warmly received and served as a source of motivation, reinforcing the idea that consistent support plays a vital role in a child's educational journey.

Throughout the programme, the children displayed remarkable enthusiasm and creativity. Informal discussions on books, stories, and writing further stimulated their interest in reading and imagination. The eagerness and participation of the students made the event particularly rewarding for all those involved.

Beyond marking an important day, the initiative succeeded in inspiring young learners, promoting community connection, and strengthening the culture of literacy. The programme effectively conveyed the message that literacy is not only a fundamental right but also a powerful tool for empowerment and lifelong growth.





JATAK TALES COMPETITION

The Department of Economics, St. Bede's College, Shimla, organized a Jatak Tales Competition on 25 September 2025 from 11:50 a.m. to 12:40 p.m. The event was conducted with the objective of familiarizing students with the moral, philosophical, and cultural significance of the Jatak Tales—ancient narratives that reflect Buddhist wisdom, ethical conduct, and timeless human values.

The competition saw enthusiastic participation from three students. The participants were Ms. Jhanvi Singh and Ms. Saizal Sharma from the third year, and Ms. Ananya from the first year. Each participant presented a selected Jatak Tale, demonstrating creativity, clarity of thought, and a deep understanding of the underlying moral lessons. Their narrations made the session engaging, informative, and thought-provoking for the audience.

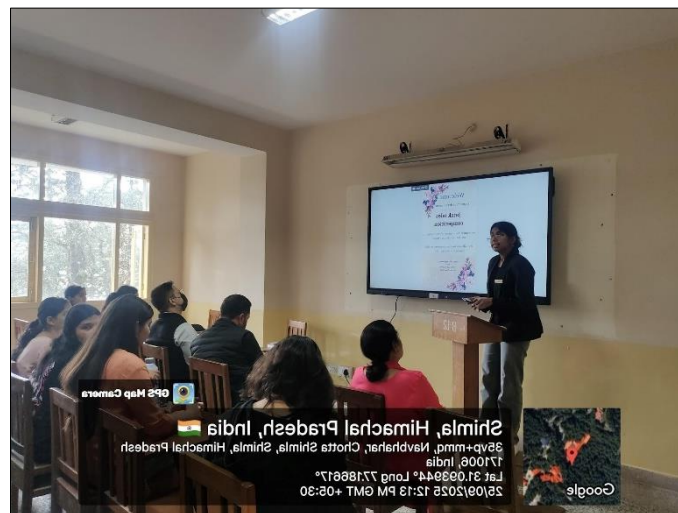
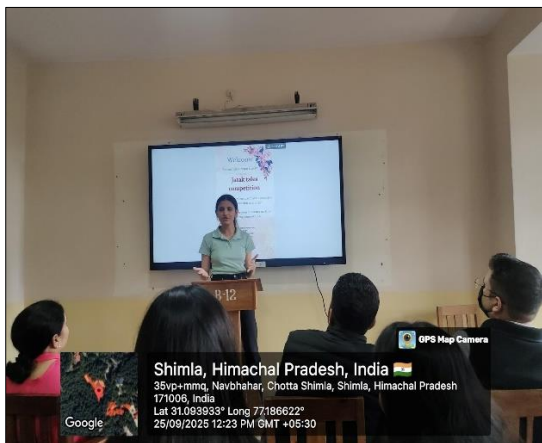
The event was judged by Dr. Mohit Kumar, who appreciated the efforts of all participants and offered valuable feedback on narration style, expression, and interpretation. His constructive remarks encouraged students to further develop their storytelling and analytical abilities. The programme was

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attended by approximately 30–35 students, who actively engaged with the presentations, contributing to a lively and interactive atmosphere.

After careful evaluation, Ms. Ananya (First Year) was declared the winner of the competition for her confident presentation, clear articulation, and engaging narration.

The Jatak Tales Competition hosted by Ms. Aarushi Kaushal proved to be a meaningful academic and cultural initiative. It provided students with a valuable platform to enhance their narrative skills, ethical understanding, and appreciation of classical literature, making the event a memorable and enriching experience for all participants and attendees.



DIWALI CARNIVAL

The Department of Economics organized a Diwali Carnival on 14 October 2025 to celebrate the festival of lights with great enthusiasm and cultural spirit. The event aimed to foster a sense of togetherness, creativity, and festive joy among students and faculty members.

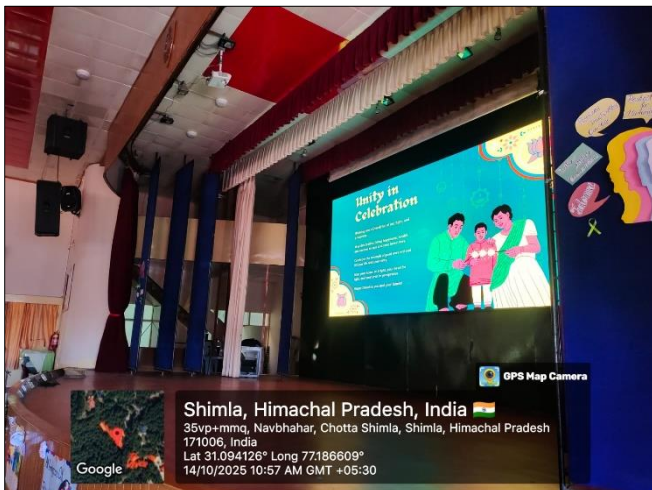
The programme commenced with an assembly in the auditorium, where students and teachers gathered to reflect on the cultural and social significance of Diwali. This introductory session set the tone for the celebrations by highlighting the values of light, harmony, and positivity associated with the festival.

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At 10:40 a.m., the Diwali Carnival was formally inaugurated in the college courtyard with a ribbon-cutting ceremony by the Principal. Following the inauguration, a variety of game and food stalls, thoughtfully planned and managed by students of the department, were opened to the college community. The stalls witnessed enthusiastic participation, with the food stalls emerging as a major attraction of the event.

A Mehendi stall was also set up and received an excellent response from students and visitors. Another noteworthy attraction was the stall displaying hand-painted diyas, creatively designed by the students of the department. These diyas were widely appreciated and purchased by visitors, adding a unique and artistic dimension to the celebrations.

The Diwali Carnival was a resounding success, creating a vibrant and festive atmosphere on campus. The event provided students with an opportunity to showcase their creativity, teamwork, and organizational skills, and was thoroughly enjoyed by both students and faculty members.



FINANCIAL LITERACY AWARENESS PROGRAMME ORGANIZED IN COLLABORATION WITH RBI

On 12 November 2025, St. Bede's College, Shimla organized a Financial Literacy Awareness Programme in the college auditorium in collaboration with the Reserve Bank of India (RBI). The programme was aimed at creating awareness among students and staff about essential financial concepts and responsible financial practices.

Officials from the Reserve Bank of India addressed the gathering and spoke about the importance of financial literacy in everyday life. The session focused on topics such as banking services, digital payments, savings habits, fraud prevention, and informed financial decision-making. The speakers encouraged students to develop sound financial habits and to make use of formal banking channels for secure financial transactions.

As part of the programme, the RBI also organized a Quiz Competition to make the session more interactive and engaging. Four teams comprising students from different streams participated in the quiz, which included questions related to banking awareness, financial management, and digital payment systems.

The students also presented a short skit based on a script provided by the RBI, highlighting the importance of financial awareness and safe banking practices. The skit effectively conveyed the message of being cautious about financial frauds and making responsible financial choices.

The programme witnessed enthusiastic participation from students and faculty members, making it both informative and engaging. The session helped students gain valuable insights into the role of financial institutions and the importance of financial literacy in modern life.



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SCREENING OF DOCUMENTARY “SOLAR MAMAS (BAREFOOT COLLEGE)”

On the occasion of Children’s Day, a documentary titled *Solar Mamas* associated with Barefoot College was screened for the undergraduate students. The documentary highlights how rural women are trained as solar engineers and empowered to bring sustainable energy solutions to their communities. It showcased inspiring stories of women from different villages who, despite having little formal education, learned to assemble and install solar panels and contributed significantly to the development of their communities.

The screening aimed to sensitize students to the importance of grassroots innovation, renewable energy, and community development. Through the journey of these women, students gained insight into how local initiatives and skill development can lead to meaningful socio-economic change.

Following the documentary, an interactive game based on the theme and key ideas of the film was organized to reinforce the learning outcomes and encourage student participation. The activity generated enthusiasm among the students and helped them reflect on the concepts of innovation, sustainability, and empowerment highlighted in the documentary.

The programme concluded with the distribution of eats among the students, adding to the celebratory spirit of Children's Day. The event proved to be both educational and engaging, leaving students inspired by the powerful example of community-driven innovation depicted in the documentary.



Economics in 200 Words

An engaging academic activity titled “Economics in 200 Words” was organized for the Third Year Economics Honours students on November 20, 2025 with the aim of encouraging concise and analytical thinking. The activity was designed to help students express complex economic ideas in a clear and precise manner while strengthening their conceptual understanding of the subject.

Students were asked to write a short note on any relevant economic concept, issue, or theme within a limit of 200 words. The topics chosen by students included areas such as economic development, inflation, unemployment, sustainability, and the role of government policies in economic growth. Through this exercise, students were encouraged to focus on clarity of ideas, logical structure, and effective presentation of arguments.

Before the writing activity, a brief discussion was held on the importance of economic writing and the ability to present ideas succinctly. Students discussed how economists often need to communicate complex concepts in a precise and accessible manner, particularly in reports, policy briefs, and research summaries.

The activity witnessed enthusiastic participation from the students, who demonstrated creativity and critical thinking in their responses. Overall, the exercise proved to be a valuable learning experience, helping students improve their analytical writing skills and their ability to articulate economic ideas in a structured and concise form.



INTER COLLEGE ECONOMICS LITERARY MEET

The Economics Department of St. Bede's College organized An Intercollege Economics Literary Meet on 19th February 2026 in the St. Bede's College Auditorium. The event witnessed enthusiastic participation from various colleges, including the Centre of Excellence, Sanjauli and RGGDC Chaura Maidan, making it an intellectually vibrant and competitive gathering. The programme was gracefully facilitated by Sister Rosily T. L., whose presence added warmth and encouragement to the event.

The Literary Meet aimed to promote analytical thinking, creativity, and awareness of real-world economic issues among students. The News Analysis competition proved highly informative, as participants discussed contemporary economic incidents and news, helping students connect classroom learning with real-world developments. The Movie Review

competition highlighted the importance of time and perspective, as students presented thoughtful interpretations of short films, making the activity both engaging and introspective. The Crossword competition provided a fun yet challenging platform for students to test and deepen their knowledge of economics. Meanwhile, the Sketching, Photography, and Best Out of Waste competitions showcased remarkable creativity. Participants used elements of sarcasm and surrealism to present socially relevant themes through their artistic expressions.

Results

News Analysis

1. Saizal — St. Bede's College
2. Bhavishya — Centre of Excellence
3. Sneha Singh — St. Bede's College

Movie Review

1. Khusboo Chauhan — Centre of Excellence
2. Sneha Singh — St. Bede's College
3. Saizal — St. Bede's College

Sketching

1. Ridhi Chauhan — Centre of Excellence
2. Garbeeta — St. Bede's College
3. Nikita Verma — RGGDC Chaura Maidan

Photography

1. Parvani
2. Simran Sharma — Centre of Excellence
3. Abhishek Bhikta — Centre of Excellence

Best Out of Waste

1. Anchal — Centre of Excellence
2. Palak — St. Bede's College
3. Arushi — St. Bede's College

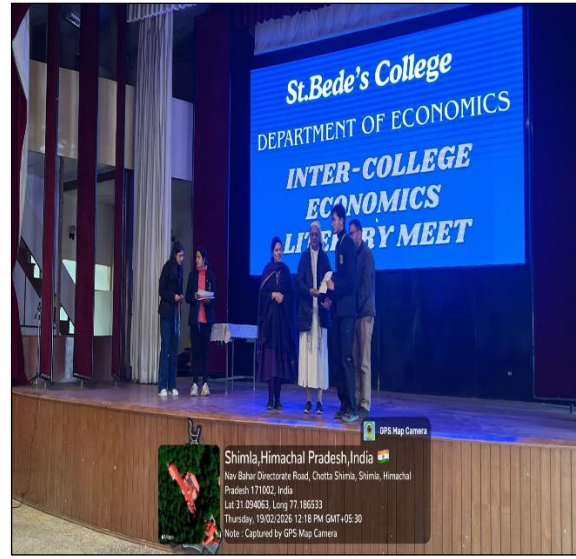
Crossword

1. Ambika & Samreen — St. Bede's College
2. Khushboo Chauhan — Centre of Excellence
3. Archi Chauhan — St. Bede's College

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A special highlight of the day was the interactive refreshment session, which allowed students from different institutions to connect and exchange ideas. During this time, Nikita Verma of RGGDC Chaura Maidan captivated the audience with her spontaneous poetry recitation, leaving everyone mesmerized. The Literary Meet concluded on a highly positive note, successfully combining knowledge, creativity, and collaboration while fostering deeper interest in economics among students.





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मूवी रिव्यू में खुशबू विजेता

जागरण संवाद केंद्र, शिमला : सेंट बीड्स कॉलेज शिमला के अर्थशास्त्र विभाग ने वीरवार को इंटर-कालेज इकोनॉमिक्स लिटरेरी मीट के प्रतिभागी स्टाफ सदस्यों के साथ 'जेडवू क्लब्स प्रश्न' को कलात्मक रूप में प्रस्तुत कर अपनी रचनात्मक प्रतिभा का परिचय दिया। प्रतियोगिताओं में न्यूज एनालिसिस में सेंट बीड्स कॉलेज के सेजल, मूवी रिव्यू में सेंटर ऑफ एक्सप्लोरेशन की खुशबू चौहान, स्केचिंग में रिद्धि चौहान, फोटोग्राफी में पार्वनी, बेस्ट आउट ऑफ वेस्ट में अंचल व क्रिसवर्ड प्रतिযোগिता में सेंट बीड्स कॉलेज की अंबिका और समरोन ने प्रथम स्थान हासिल किया। कार्यक्रम के दौरान इंटरैक्टिव प्रिजेंटेशन से विद्यार्थियों को आपसी संवाद और विचारों के आदान-प्रदान का अवसर मिला। आरजीजीडीसी चौडवा मैदान की निकिता वर्मा ने अपनी कविता एनालिसिस प्रतियोगिता में सेंट

सेंट बीड्स कॉलेज शिमला में अर्थशास्त्र विभाग की वीरवार को कराई इंटर कॉलेज इकोनॉमिक्स लिटरेरी मीट के प्रतिभागी स्टाफ सदस्यों के साथ 'जेडवू क्लब्स प्रश्न'

Himachal Dastak 20/2/26

सेंट बीड्स कॉलेज में इंटर कॉलेज इकोनॉमिक्स लिटरेरी मीट आयोजित

हिमाचल दस्तक • शिमला

शिमला सेंट बीड्स कॉलेज के अर्थशास्त्र विभाग द्वारा वीरवार को कॉलेज सभागार में इंटर कॉलेज इकोनॉमिक्स लिटरेरी मीट का आयोजन किया गया। कार्यक्रम में संजोली व कोटेश्वर कॉलेज के विद्यार्थियों ने उत्साहपूर्वक भाग लेकर आयोजन को जान और रचनात्मकता का जीवंत मंच बना दिया। इस आयोजन का उद्देश्य विद्यार्थियों में समकालीन आर्थिक मुद्दों के प्रति जागरूकता, विश्लेषणात्मक सोच और सृजनात्मक अभिव्यक्ति को बढ़ावा देना रहा। न्यूज एनालिसिस प्रतियोगिता में प्रतिभागियों ने कक्षा में सीखी गई अवधारणाओं को वास्तविक आर्थिक घटनाओं से जोड़ते हुए अपनी समझ का प्रदर्शन किया। मूवी रिव्यू प्रतियोगिता में आर्थिक विषयों पर आधारित फिल्मों की समीक्षाओं के माध्यम से छात्रों ने गहन चिंतन और तार्किक विश्लेषण प्रस्तुत किया। क्रिसवर्ड प्रतियोगिता ने अर्थशास्त्र से जुड़ी अवधारणाओं की जानकारी को रोचक अंदाज में परखा। स्केचिंग, फोटोग्राफी और बेस्ट आउट ऑफ वेस्ट जैसी प्रतियोगिताओं में विद्यार्थियों ने सामाजिक सरोकारों से जुड़े विषयों को कलात्मक रूप में प्रस्तुत कर अपनी रचनात्मक प्रतिभा का परिचय दिया। प्रतियोगिताओं में न्यूज एनालिसिस में सेंट बीड्स कॉलेज के सेजल, मूवी रिव्यू में सेंटर ऑफ एक्सप्लोरेशन की खुशबू चौहान, स्केचिंग में रिद्धि चौहान, फोटोग्राफी में पार्वनी, बेस्ट आउट ऑफ वेस्ट में अंचल तथा क्रिसवर्ड प्रतियोगिता में सेंट बीड्स कॉलेज की अंबिका और समरोन ने प्रथम स्थान प्राप्त किया।

Punjab Kesari 20/2/26

इंटर कॉलेज इकोनॉमिक्स लिटरेरी मीट के विजेता सम्मानित

शिमला, 19 फरवरी (ब्यूरो) : सेंट बीड्स कॉलेज के इकोनॉमिक्स डिपार्टमेंट ने वीरवार को कॉलेज ऑडिटोरियम में एक इंटर-कालेज इकोनॉमिक्स लिटरेरी मीट का आयोजन किया। इस कार्यक्रम में सेंटर ऑफ एक्सप्लोरेशन संजोली और कोटेश्वर कॉलेज के छात्रों ने जोश के साथ भाग लिया, जिससे माहौल में जान आ गई और दिमागी तौर पर जोश भर गया। कार्यक्रम में प्रिंसीपल सिस्टर रोजिली टी.एल. ने कहा कि कार्यक्रम का उद्देश्य छात्रों में एनालिटिकल सोच, क्रिएटिविटी और आजकल के इकोनॉमिक मुद्दों के बारे में जागरूकता को बढ़ावा देना था। न्यूज एनालिसिस कंपीटीशन में पार्टिसिपेंट्स को क्लासरूम लर्निंग को असल दुनिया के इकोनॉमिक डिवैल्पमेंट से जोड़ने में मदद की, जबकि मूवी रिव्यू कंपीटीशन ने क्रिटिकल सोच और सोच-समझकर समझने के लिए ब्रह्मा दिया। अलग-अलग कंपीटीशन में न्यूज एनालिसिस में सेंट बीड्स कॉलेज की सेजल, मूवी रिव्यू में सेंटर ऑफ एक्सप्लोरेशन की खुशबू चौहान, स्केचिंग में सेंटर ऑफ एक्सप्लोरेशन की रिद्धि चौहान, फोटोग्राफी में सेंट बीड्स कॉलेज की पार्वनी, बेस्ट आउट ऑफ वेस्ट में सेंटर ऑफ एक्सप्लोरेशन की अंबिका और समरोन ने पहला पुरस्कार प्राप्त किया। कोटेश्वर कॉलेज की निकिता वर्मा ने अपनी अचानक कविता सुनाकर दर्शकों का मन मोह लिया। लिटरेरी मीट का समापन इकोनॉमिक्स डिपार्टमेंट की हैड डा. अनुपमा टंडन ने किया।

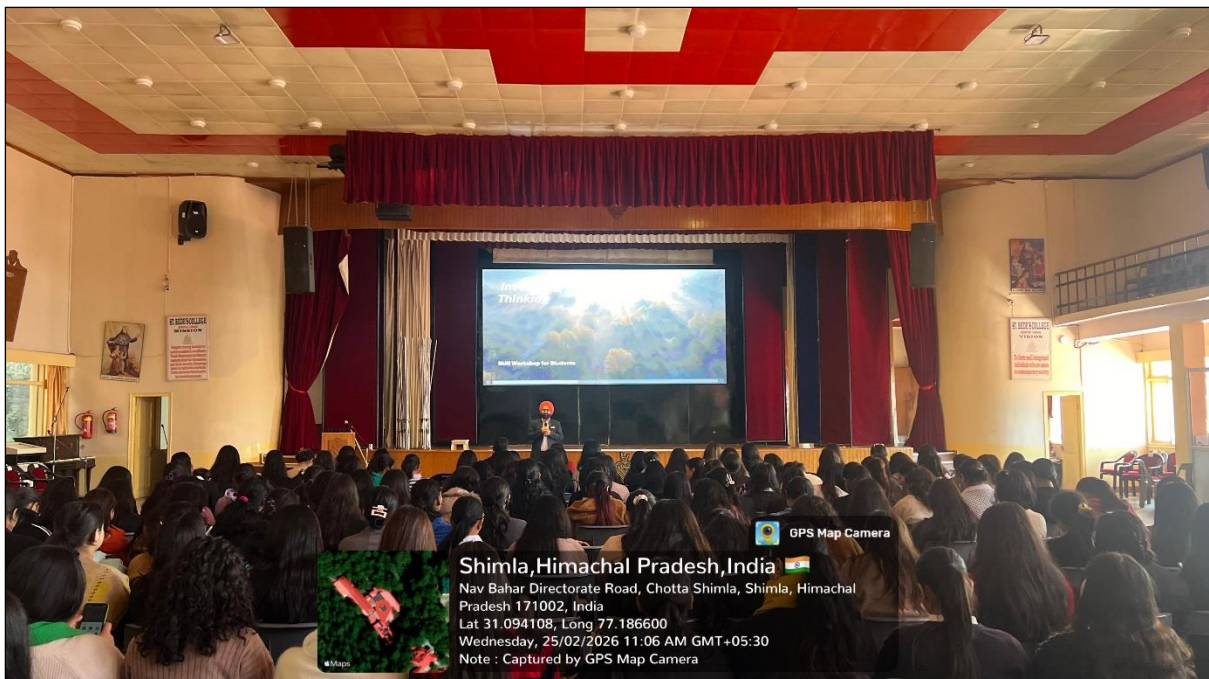
CAREER COUNSELLING SESSION BY CHITKARA UNIVERSITY ON INNOVATIVE THINKING FOR CAREER PLANNING

On 25 February 2026, St. Bede's College, Shimla hosted a career counselling session in the college auditorium. The event was organized by the Department of Economics and Commerce to guide students about career opportunities and the importance of strategic thinking in career planning. The session was conducted by Mr. Mandeep Singh, Director of Strategic Initiatives & Outreach, Chitkara University, Punjab.

During the session, Mr. Singh discussed various career options available to students after graduation and emphasized the need for informed decision-making based on individual interests, abilities, and long-term goals. To make the discussion engaging and practical, he introduced the concept of inversive thinking as a useful approach for career planning.



Through examples and interactive activities, he explained how inversive thinking encourages individuals to analyze situations from a reverse perspective, helping them identify potential challenges and avoid common mistakes. Instead of focusing only on success, students were encouraged to reflect on actions that might lead to failure and how these can be avoided. This approach helped students understand the value of critical thinking, careful planning, and problem-solving in their professional journeys.

Around 70 students from B.A. Pass Course, B.A. Economics Honours, Psychology Honours, English Honours, and Commerce streams attended the session. The programme concluded with the distribution of hampers from Chitkara University, making the session both informative and engaging for the participants.



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ST.BEDE'S COLLEGE, SHIMLA  

Departments of Economics, Commerce &
Management and Computer Applications

in collaboration with Chitkara University

Organise A Career Counselling Session on


**"Think Backwards to Win Forward:
Mastering Inversive Thinking for
Career Success"**



Date
February, 25

Time
10:30 AM

Venue
Auditorium



MANDEEP SINGH
Director
Strategic Initiatives & Outreach
Chitkara University, Punjab